



## Over 750 online courses!

As an emergency responder, it's hard to find time to invest in yourself. We get it. Our associates bring more than 760 years of combined fire and EMS emergency service to the table, having held all sorts of roles, from rescue squad members and EMTs to firefighters and chiefs, and are specialists in risk management and training for emergency services.

We understand your needs—and we've developed VFIS University to meet those needs. It offers **over 750 online educational and training courses** for emergency responders, many of which are recognized and meet industry continuing education requirements. Just as importantly, all courses are available online 24/7 at the convenience and comfort of your work or home computer.

**Certificates are awarded upon course completion.** Use this easy, convenient resource to be better prepared for every call, reduce injury and loss risks for those you serve, protect your equipment and support your most valuable asset—your team.

## WHY TRAIN ONLINE?

- 1. Ensure Compliance** – Meet continuing education requirements and necessary standards.
- 2. Save Money** – Online training reduces classroom and instructor costs.
- 3. Make Training Convenient** – Train whenever it best fits your schedule with 24/7 access.
- 4. Increase Comprehension** – Complete courses at your own pace to improve memory retention.
- 5. Manage Delivery** – Assign critical training to your team with just a few clicks.
- 6. Configure Alerts** – Get email alerts to stay aware of training assignment status, upcoming deadlines and expirations.
- 7. Generate Reports** – Monitor assignment completions in real time and generate comprehensive data reports, making record-keeping simple and efficient.
- 8. Manage Protocols** – Assign SOPs and other procedural activities for review that ensure compliance and acceptance of new policies and revisions for all employees.
- 9. Reduce Liability** – Respond to unsafe behaviors that could lead to costly workers' compensation claims and overtime costs with proactive and preventive training.
- 10. Go Mobile** – Complete trainings on-the-go, whether on or off duty, and store files electronically to eliminate paper pile-up.

Visit **VFISu.com** to browse course offerings or click **Get Started to register today.**

Online VFIS risk management courses are available to current VFIS insurance customers at no cost.

800.233.1957 ext. 7228 | [vfishu.com](http://vfishu.com)  
183 Leader Heights Road | York, PA 17402

FLIP TO SEE MORE!



## ONLINE COURSE OFFERINGS INCLUDE:

### Annual Refresher Training

- Bloodborne Pathogen – Contagious Disease 2020 Annual Refresher
- HIPAA Awareness
- NFPA 1500 Bloodborne Pathogens Safety
- NFPA 1500 Hazard Communication
- Respectful Workplace Harassment Prevention

### Behavioral Health – Fire and EMS Concerns

- Introduction
- Assessing Your Program
- Peer Support Program
- Stress
- Drug & Alcohol Addiction
- Depression & Suicide
- Post-Traumatic Stress (PTS)
- Wellness Services
- Workplace Violence

### Vehicle Operations

- Emergency Vehicle Rollover Prevention
- Intersection Safety: An Introduction
- Fixed Object Strike Prevention
- Safe Backing for Emergency Services
- Distracted Driving

### Administrative

- Background Investigations for Fire & EMS Agencies
- Incident Investigation
- Respectful Workplace Harassment Prevention Training for Managers
- Social Media Issues, Concerns, and Remedies for Fire and EMS
- Setting Goals for Employment Risk Management

### Students Level Courses

- Firefighter Rehab
- Privately Owned Vehicle (POV) Operations
- Respectful Workplace
- Active Shooter 9-Step Preparedness Approach
- Cancer and the Firefighter – An Awareness
- The True Relationship of Safety to Risk Management

See our complete course offerings at [VFISu.com](https://www.vfis.com).

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### OFFERING HOURS OF TRAINING:

- 132 hours - Fire
- 169 hours - EMS
- 57 hours - OSHA
- 38 hours - Human Resource
- 14 courses - Emergency Vehicle Operation
- 304 courses - Soft Skills
- 50 courses - Risk Management

